

PSHE CURRICULUM OVERVIEW

EVERGREEN PRIMARY SCHOOL SOCIAL AND EMOTIONAL ASPECTS OF LEARNING (SEAL)		THEME TITLE: New Beginnings TIME OF YEAR: September / October	
EARLY YEARS / FOUNDATION RED BOOKLETS LEARNING OPPORTUNITIES	YEAR 1 & 2 BLUE BOOKLETS LEARNING OPPORTUNITIES	YEAR 3 & 4 YELLOW BOOKLETS LEARNING OPPORTUNITIES	YEAR 5 & 6 GREEN BOOKLETS LEARNING OPPORTUNITIES
<p>Early foundation stage</p> <ol style="list-style-type: none"> 1. Belonging (page 8) 2. Understanding rights and responsibilities (page 10) 3. Self-awareness (page 12) 4. Understanding my feelings (page 12) 5. Managing my feelings (page 14) 6. Understanding the feelings of others (page 15) 7. Social skills (page 16) 	<p>Year 1</p> <ol style="list-style-type: none"> 1. Creating a community (page 7) 2. What if there is a problem (page 9) 3. Focus on feelings (page 9) 4. Calming down (page 11) 5. Self-awareness (page 11) 6. New beginnings (page 12) 	<p>Year 3</p> <ol style="list-style-type: none"> 1. Getting to know each other (page 6) 2. Gifts and talents (page 6) 3. The class charter (page 8) 4. Exploring feelings (page 10) 5. Calming down (page 11) 6. The problem-solving process (page 11) 7. Welcoming people to our group (page 12) 8. New beginnings (page 13) 	<p>Year 5</p> <ol style="list-style-type: none"> 1. Creating a community (page 6) 2. Our class charter (page 8) 3. Exploring feelings (page 9) 4. Welcoming and belonging (page 11) 5. New beginnings (page 12)
<p>Later foundation stage</p> <ol style="list-style-type: none"> 1. Belonging (page 24) 2. Self-awareness (page 27) 3. Understanding rights and responsibilities (page 27) 4. Understanding my feelings (page 29) 5. Managing my feelings (page 31) 6. Social skills (page 32) 7. Understanding the feelings of others (page 32) 	<p>Year 2</p> <ol style="list-style-type: none"> 1. Building community (page 17) 2. Exploring feelings (page 19) 3. Calming down (page 20) 4. Welcoming others (page 20) 5. What if there is a problem (page 21) 6. New beginnings (page 22) 	<p>Year 4</p> <ol style="list-style-type: none"> 1. Creating a community (page 21) 2. The problem-solving process (page 24) 3. Our class charter (page 25) 4. Welcoming people to our group (page 26) 5. Joining a new group (page 27) 6. Calming down (page 28) 7. New beginnings (page 29) 	<p>Year 6</p> <ol style="list-style-type: none"> 1. Building a community (page 17) 2. The class charter (page 21) 3. Focus on feelings (page 23) 4. Focus on managing feelings (page 24) 5. New beginnings (page 25)
THEME TITLE: Getting On and Falling Out		TIME OF YEAR: November / December	
<p>Early foundation stage</p> <ol style="list-style-type: none"> 8. Cooperation (page 9) 9. Friendship (page 10) 10. Understanding feelings (page 11) 11. Cooperation and resolving conflict (page 12) 	<p>Year 1</p> <ol style="list-style-type: none"> 7. Listening well (page 8) 8. Friendship, getting angry and falling out (page 9) 9. Friendship and making up (page 10) 	<p>Year 3</p> <ol style="list-style-type: none"> 9. Revisiting the skills of friendship (page 7) 10. Revisiting anger (page 8) 11. Making up (page 9) 	<p>Year 5</p> <ol style="list-style-type: none"> 6. Levels of friendship (page 7) 7. Managing conflict (page 8) 8. Making up (page 9) 9. Revisiting anger (page 11) 10. Taking responsibility (page 12) 11. Working together in groups (page 13)
<p>Later foundation stage</p> <ol style="list-style-type: none"> 8. Conflict resolution (page 18) 9. Cooperation (page 21) 10. Resolving conflicts (page 22) 	<p>Year 2</p> <ol style="list-style-type: none"> 7. Friendship and compliments (page 18) 8. Seeing another point of view 	<p>Year 4</p> <ol style="list-style-type: none"> 8. Key qualities in a friend (page 21) 9. Understanding anger (page 21) 	<p>Year 6</p> <ol style="list-style-type: none"> 6. Working in groups (page 21) 7. Difference - a barrier to friendship? (page 21)

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11. Managing feelings (page 23) 12. Friendship (page 25)	(page 19) 9. Managing anger (page 21) 10. Working together (page 23)	10. Working together (page 23)	8. Conflict resolution (page 22) 9. Conflict resolution (page 24) 10. Revisiting anger (page 25)
THEME TITLE: Say No to Bullying		TIME OF YEAR: November (One or two weeks in the autumn term to coincide with National Anti-bullying Week in November)	
Early foundation stage 12. Core learning opportunity: Personal, social and emotional development (page 3)	Year 1 10. Pre-assembly work: What is bullying? (page 4) 11. Post-assembly work (page 5)	Year 3 12. Pre-assembly work: What is bullying? (page 4) 13. Post-assembly work (page 5)	Year 5 12. Pre-assembly work: What is bullying? (page 4) 13. Post-assembly work (page 6)
Later foundation stage 13. Core learning opportunity: Personal, social and emotional development (page 8)	Year 2 11. Pre-assembly work: What is bullying? (page 16) 12. Post-assembly work (page 17)	Year 4 11. Pre-assembly work: What is bullying? (page 19) 12. Post-assembly work (page 20)	Year 6 11. Pre-assembly work: What is bullying? (page 18) 12. Post-assembly work (page 20)
THEME TITLE: Going for Goals!		TIME OF YEAR: January / February	
Early foundation stage 13. Understanding myself (page 5) 14. Setting a realistic goal (page 6)	Year 1 12. Knowing myself (page 5) 13. Setting our goals (page 6) 14. Just because (page 8) 15. The problem-solving process (page 8)	Year 3 14. Knowing how we are clever (page 5) 15. Scaling (page 6) 16. Foil frustrations – beat boredom (page 7) 17. Taking responsibility (page 8) 18. Going for goal (page 9) 19. Weighing up the consequence (page 10)	Year 5 14. Effective learners (page 5) 15. Role models (page 6) 16. Planning to reach a goal (page 6) 17. Hall of Fame and Roll of Honour (page 7) 18. Applying what we have learned (page 8)
Later foundation stage 14. Knowing myself (page 9) 15. My goal is (page 10) 16. Keeping going (page 11)	Year 2 13. Knowing how I learn best (page 12) 14. You can't eat an elephant in one bite (page 13) 15. Persistence (page 14) 16. Putting it all together (page 16)	Year 4 13. Knowing myself (page 17) 14. Feelings and learning (page 18) 15. Barriers to reaching learning goals (page 19) 16. Evaluation and review (page 20) 17. Perseverance (page 21) 18. Planning to meet a goal (page 22)	Year 6 13. Ladder to success (page 12) 14. I would but..... (page 13) 15. Excuses, excuses (page 14) 16. Making wise choices (page 16)
THEME TITLE: Good to be Me		TIME OF YEAR: February / March	
Early foundation stage 15. My feelings (excited) (page 7) 16. Calming down (page 9)	Year 1 16. Our gifts and talents (page 5) 17. Proud (page 6) 18. Anxiety and worrying (page 6)	Year 3 20. Feeling good about myself (page 6) 21. Surprised (page 7) 22. Being assertive (page 8) 23. Worried and anxious (page 10) 24. Relaxation and visualisation (page 11)	Year 5 19. Feeling good about myself (page 5) 20. Proud and boastful (page 6) 21. Mixed feelings (page 7) 22. Making choices (page 8) 23. Agreeing and disagreeing (page 9) 24. Understanding my feelings

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<p>Later foundation stage</p> <p>17. Feeling good about myself (page 12)</p> <p>18. Understanding my feelings – happy, proud (page 13)</p> <p>19. Standing up for myself (page 14)</p>	<p>Year 2</p> <p>17. Feeling good about myself (page 14)</p> <p>18. Relaxed (page 14)</p> <p>19. Relaxing (page 15)</p> <p>20. Assertiveness (page 17)</p> <p>21. Daphne Dinosaur and Olive Owl (page 18)</p>	<p>Year 4</p> <p>19. Feeling good about myself (page 22)</p> <p>20. Hopeful and disappointed (page 22)</p> <p>21. Hiding feelings (page 23)</p> <p>22. Being assertive (page 24)</p> <p>23. Fight or flight (page 25)</p>	<p>(page 10)</p> <p>Year 6</p> <p>17. Feeling good about myself (page 15)</p> <p>18. Anxious and worried (page 15)</p> <p>19. Standing up for what I think (page 17)</p> <p>20. Assertiveness (page 19)</p> <p>21. Understanding my feelings (page 21)</p>
<p>THEME TITLE: Relationships</p>		<p>TIME OF YEAR: April / May</p>	
<p>Early foundation stage</p> <p>17. Loss – missing someone we love (page 7)</p> <p>18. Loss – living things (page 9)</p> <p>19. Understanding my feelings – happy, sad and angry (page 11)</p>	<p>Year 1</p> <p>19. People who are important to us (page 5)</p> <p>20. Understanding my feelings – proud and jealous (page 5)</p> <p>21. Dealing with our hurt feelings without hurting others (page 8)</p>	<p>Year 3</p> <p>25. Special people (page 5)</p> <p>26. Guilty (page 6)</p> <p>27. Making amends (page 7)</p> <p>28. Taking responsibility (page 9)</p> <p>29. Making wise choices (page 9)</p> <p>30. Sticks and stones (page 10)</p>	<p>Year 5</p> <p>25. People around us (page 6)</p> <p>26. Embarrassed (page 6)</p> <p>27. Pick me up, don't put me down (page 10)</p> <p>28. Don't judge a book by its cover (page 11)</p>
<p>Later foundation stage</p> <p>20. Understanding my feelings – fair and unfair (page 17)</p>	<p>Year 2</p> <p>22. Understanding our feelings – loved, cared for (page 15)</p> <p>23. Leaving home (page 16)</p> <p>24. Important people and things (page 17)</p> <p>25. Feeling lonely and feeling included (page 18)</p>	<p>Year 4</p> <p>24. Special people (page 20)</p> <p>25. Loss (page 20)</p> <p>26. Let's not forget (page 22)</p>	<p>Year 6</p> <p>22. Our special people (page 21)</p> <p>23. Loss (page 22)</p> <p>24. Losses (page 24)</p> <p>25. Helping others (page 25)</p> <p>26. Breaking friends (page 25)</p> <p>27. Forgiveness (page 27)</p>
<p>THEME TITLE: Changes</p>		<p>TIME OF YEAR: June / July</p>	
<p>Early foundation stage</p> <p>20. How we change over time (page 7)</p> <p>21. Making change happen (page 10)</p>	<p>Year 1</p> <p>22. How we change over time (page 5)</p> <p>23. Making change happen (page 6)</p>	<p>Year 3</p> <p>31. Positive changes (page 6)</p> <p>32. Change is normal (page 7)</p> <p>33. Making a plan to bring about change (page 9)</p>	<p>Year 5</p> <p>29. Common responses to change (page 6)</p> <p>30. Understanding individual differences in our responses to change (page 8)</p>
<p>Later foundation stage</p> <p>21. How we change over time (page 17)</p> <p>22. Dealing with change and making change happen (page 20)</p>	<p>Year 2</p> <p>26. Changing our behaviour (page 9)</p>	<p>Year 4</p> <p>27. Imposed or unwelcome change (page 14)</p> <p>28. Our responses to change (page 16)</p>	<p>Year 6</p> <p>28. Understanding feelings about change (page 17)</p> <p>29. Understanding how thoughts and feelings and behaviour are linked (page 18)</p> <p>30. Saying goodbye and moving on (page 19)</p>