



Evergreen Primary School

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Swimming Instruction in Schools

Evergreen Primary follows the guidance issued by Durham County Council. This guidance is intended to create a Swimming Policy common throughout the County and generally facilitate the overall teaching of swimming in schools.

General Rules

In order to maintain a high standard of cleanliness within the baths and to safeguard the health of pupils using them, the following should be adhered to:

- Each pupil should bring a towel, swimming costume, swimmers/waterproof nappies (if your child wears nappies), brush or comb, tissues, warm clothes and a waterproof container or bag in which wet belongings can be taken home. Long hair must be at least tied back or preferably covered with a bathing cap
- Pupils should ensure that their hair, body, nails etc are clean before entering the water
- Pupils should use the toilet and blow their nose before entering the pool
- Pupils with a severe cold, cuts, septic spots, ear complaints, athlete's foot or bandaged wounds should not swim. Neither should those advised against swimming by a doctor. Children with verrucae should not be excluded from swimming
- Pupils should change on arrival at the baths and not wear a swimming costume underneath their normal clothing
- Swimming costumes should not be washed or wrung out in the pool water
- Outdoor shoes must not be worn on the poolside by staff, pupils or visitors
- Jewellery must not be worn in the pool
- Clothes should be hung up neatly to avoid them getting wet
- Pupils must be dried completely before leaving the dressing room after swimming
- Goggles will only be allowed in exceptional circumstances and only if accompanied by a medical certificate or parents note

Pool Safety

To avoid danger to pupils and to maximise the time a class have for swimming, the following should be noted:

- Pupils must not run in any part of the swimming baths
- Pushing, pulling and splashing are not allowed
- Diving from the side in the learner pool is forbidden
- Pupils are not allowed into the water without the teachers permission
- Pupils must follow their teachers instruction at all times



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